



Private fitness coaching

60 minutes

THB 2,500

To continue your fit lifestyle away from home, our highly skilled and certified trainers are available to coach you in order to increase your cardio vascular capacity, to maintain your muscles toned, for a complete workout.

Outdoor workout

60 minutes

THB 3,000

90 minutes

THB 4,000

The Infinity health club offers Outdoor Fitness Programs for those who want some variety in their routines and enjoy their exercising in picturesque outdoor locations or in beautiful areas in Koh Samui. Our skilled instructor will design your outdoor sessions around your individual fitness goals.

Fitness package

10 hours

THB 25,000

- 10 Fitness sessions of one hour with a private trainer
- 2 Deep Sport Energizing Massages or Body Shaping Massages (60 min)

Or

- 2 Hydrating, Anti-Aging or Resurfacing facials (50 min)
-

Aqua Fit

60 minutes

THB 2,500

Exercise in the water under the supervision of a professional coaching and teaching instructor to burn calories, tone your body and lengthen your muscles.

Children swimming lessons

30 minutes

THB 2,000

60 minutes

THB 2,800

Private swimming lessons are available at our pool with a certified swimming instructor

Swimming lessons adults

30 minutes

THB 1,800

60 minutes

THB 2,500

Private swimming lessons are available at our pool with a certified swimming instructor



I N F I N I T Y
RESIDENCES & RESORT
— K O H S A M U I —

FITNESS

Children swimming lessons (Package 10 lessons)

10 x 30 minutes **THB 15,000**
10 x 60 minutes **THB 20,000**

Private swimming lessons are available at our pool with a certified swimming instructor

Swimming lessons adults (Package 10 lessons)

10 x 60 minutes **THB 15,000**

Private swimming lessons are available at our pool with a certified swimming instructor
